7 Miles Coppell Starbucks-Moore-Andy Brown-Heartz

Start at Tom Thumb/Starbucks corner of Sandy Lake and Denton Tap

Left on Sandy Lake Road

Left on Moore straight into Andy Brown Park

Take a right into Andy Brown Park taking biggest loop back to Pavilion for Pit Stop (3.30 Miles)

Take left from Pavilion toward Andy Brown Park west going under Denton tap.

Walk to first pond and turn around at Gifford St.

Return to Pavilion for Pit stop (6 Miles)

Leave Andy Brown Park taking a right onto Parkway

Make a left onto Heartz

Make a right onto Sandy Lake

Make a right into Tom Thumb/Starbucks parking lot (7 Miles)